Attorney Time Management Strategies: Profitability and the Power Hour



July 19, 2023

PATTI PAZ ADJUNCT PRACTICE ADVISOR & TEAM LEADER

- Patti began her association with Atticus 13 years ago, coaching with Atticus Practice Advisor and Attorney Steve Riley
- She currently teaches our Team Leader Certification Level 1 and Level 2 and was hand-picked in 2021 to develop curriculum and facilitate this program
- Patti is the Team Leader and Paralegal for Idaho Estate Planning, an estate planning and elder law firm in Eagle Idaho







ABOUT US

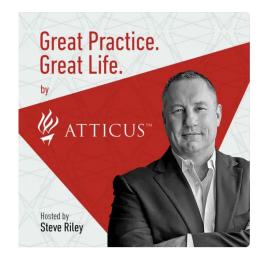
We help lawyers grow great practices and cultivate great lives



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UPCOMING WORKSHOPS AND PROGRAMS





MORE THAN JUST BEING GREAT AT THE LAW





PARTICIPATE



Pencil & paper ready

Take notes

This session is interactive, unmute to join the conversation or ask questions using the chat function



THE GROWTH CORNERSTONES™

REVENUE, INCOME, CONTROL, FREEDOM AND IMPACT





OUR GOALS TODAY



Understanding the impact of interruptions and saying "no"



Learn how to protect your time and prepare for each day



Implement the Power Hour



Most days look like this: packed or overflowing, with no room to work on achieving goals or scaling the practice.



To grow a practice, you must adopt strategies that create room in a day. **PROTECTED TIME** for goals, tasks, and projects.



Interruptions



THE HIGH COST OF INTERRUPTIONS

- Average Number of Interruption Per Hour? 7
- Average Number of Interruptions Per Day? 50 to 60
- Average Length of Interruption = 5 Minutes
- Average Length to Recover = 23 Minutes
- Average Hourly Rate = \$300
- Average Cost Per Day Due to Interruptions = \$5,750







YOU'RE LIKELY TO BE A SELF-INTERRUPTER IF:

- You live for adrenaline rushes
- You have a short attention span
- You are driven by deadlines
- You believe you can multitask
- You're easily bored



Nulti-Tasking

Multitasking creates an ILLUSION of efficiency and productivity.

Unfortunately, it is just an ILLUSION.



Law Office Interruption Log 4 4 4 4



1. Briefly describe all unexpected interruptions. Include phone calls, attorney/staff/personal crises, drop-in visitors/clients visual or audio distractions. Keep this log for two weeks.

2. Analyze the results using the evaluation questions on the Interruption Log Analysis Sheet.

Length of Interruption	Purpose / Subject	W	Who / What			Importance		
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LAW OFFICE INTERRUPTION LOG

What and who is stealing your focus?



Time Management Strategies



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Beware of being trapped by your calendar

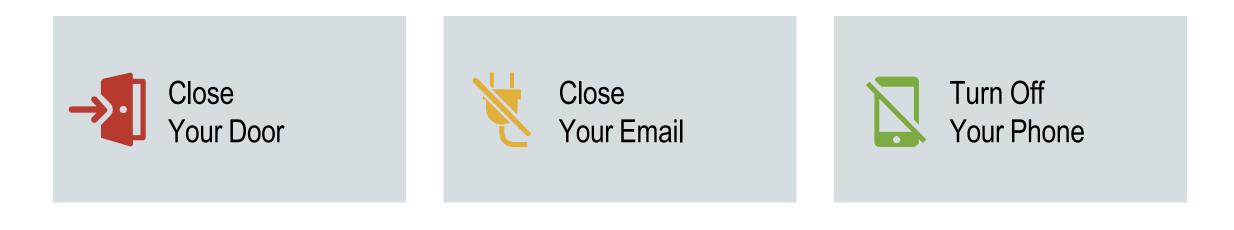
• Big difference between being focused-driven and calendar-driven

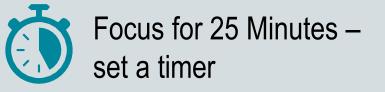


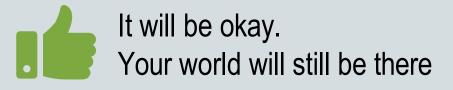
Top 3 15 to 30 minutes Paper organizer, post it note, napkin



TIME MANAGEMENT DAILY FOCUS SPRINTS











THE POWER HOUR

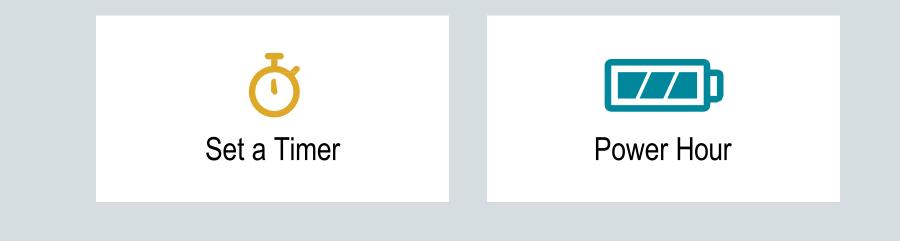
1+ Hour(s) Dedicated to Intense, Concentrated PRODUCTION:

- Most important
- A-level
- Non-delegatable



TIME MANAGEMENT THE POWER HOUR

Imagine every day as productive as the day before you leave town for a week!





TIME MANAGEMENT: THE POWER HOUR



Power Hour

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• 60+ Minutes

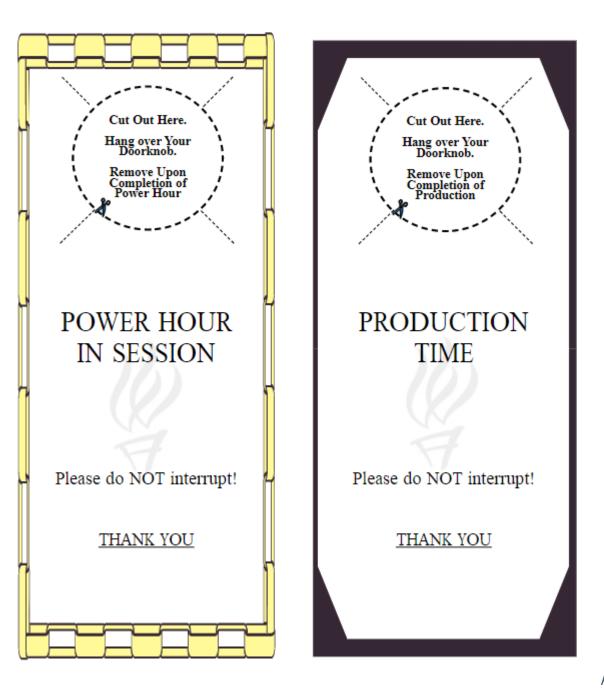
- Calendar Block
- Complex, A-level



- Meet with Staff
- Production
- Phone Calls



DND: FOCUSING ON PRODUCTION





DESIGN YOUR WORK WEEK

What does an "ideal week" look like to you

Structure it, design it, then share it

Think through exercise, meetings, clients, marketing, important activities

Use your calendar to structure it

Apply the "block and tackle" method



Final Thoughts and Questions?





WHAT TO DO NEXT

Check the chat box. Join us for our next event:

Law Firm Goals Workshop—July 25th Use code: **GOALSHALFOFF** for 50% off registration



UPCOMING WORKSHOPS AND PROGRAMS





Thank you!

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