### UNDERSTANDING THE VALUE OF YOUR TIME

PRACTICAL TIME MANAGEMENT STRATEGIES FOR THE BUSY LAWYER

PRESENTED BY

Patrick Wilson



September 12, 2023

### PATRICK WILSON CERTIFIED PRACTICE ADVISOR & ATTORNEY

 Atticus recruited Patrick Wilson from the practice of law in order to share his unique insights with other attorneys who need support in their growth and development process. He practiced Insurance Defense and Constitutional law at Mid-sized and small firms.

Since 1999, he has worked with Atticus transforming the practices and lives of attorneys all over the country. He has a particular affinity for Personal Injury practices and loves working with entrepreneurs in the law. He has been a long-time innovator, especially in the field of people management. He loves his clients and his clients love him...his average client has worked with him for over 6 years!

When he's not working, you can find him playing golf, hiking and skiing with his wife and 6 kids in the beautiful mountains of Idaho.







### **ABOUT US**

We help lawyers grow great practices and cultivate great lives



### **HELP US GROW: CONNECT AND SHARE**

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### MORE THAN JUST BEING GREAT AT THE LAW





### **THE GROWTH CORNERSTONES™**

#### **REVENUE, INCOME, CONTROL, FREEDOM AND IMPACT**







### Your business skills drive your growth, not your legal skills.

#### Your business skills require development.



# Time management is a learned business skill!



## A small investment in planning your day can pay big dividends for you and your law firm.



DAYS PACKED LIKE THIS, GIVE YOU NO ROOM TO WORK ON GROWING THE PRACTICE.





To grow a practice, you must adopt strategies that create room in a day, protected time, for growth projects that will generate revenue.





¥ ¥ ¥ ¥ ¥ ¥ ¥ ¥ ¥ ¥ ¥ ¥ ¥ ¥	Plan your day for optimum performance
**	Create new habits
••••	Protect your time off
¢	Think through your marketing activities
	Pivot from calendar-driven to focus-driven



### Plan Your Day For Optimum Performance

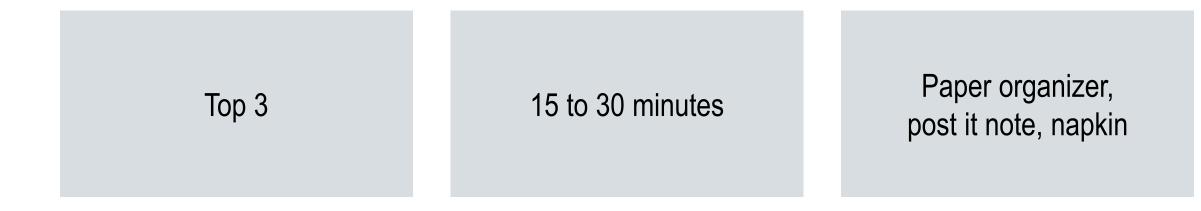


#### TIME MANAGEMENT PLAN YOUR DAY

Beware of being trapped by your calendar

• Big difference between being focused driven and calendar driven







### THE POMODORO METHOD

Set a timer for 25 minutes

Work uninterrupted on a selected task

Â

At the "ding", you get a 5-minute break



Four "tomatoes" in a row and you get a 15-minute bonus break



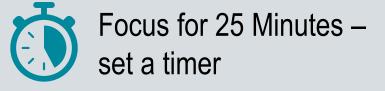
An interruption that you allow means no break, reset and try again...





#### TIME MANAGEMENT DAILY FOCUS SPRINTS





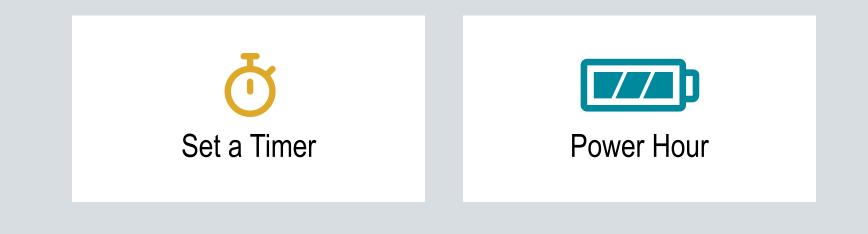


It will be okay. Facebook, the listservs, your clients, your world will still be there



#### TIME MANAGEMENT THE POWER HOUR

Imagine every day as productive as the day before you leave town for a week!





### **TELEPHONE HOURS SCRIPTS**





"Mr/s. Attorney isn't available right now, but I know s/he would like to speak with you -- s/he will be returning calls at 11:00 -- can I schedule a time for him/her to call you?" Or perhaps I could help you right now. What is your question or concern?



### **Create New Habits**



**USE THE ATTICUS** DAILY FOCUSER™ **TO BUILD NEW DAILY** HABITS AND CREATE ACCOUNTABILITY **FOR BOTH YOU AND YOUR STAFF** 

The Atticus Daily F	ocuser™		ATTICUS Great Practice, Great Life
Name:			Date:
<ul> <li>Exercise</li> <li>Spend 15 minutes comple</li> <li>Review Calendar, Cash Fi</li> <li>Meet with Key Assistant</li> <li>1</li> <li>Today's Top 3 Objectives:</li> </ul>	Iow Focuser" (2 Weeks — Top 3 Delegations: 2		at 3 Are Next?
<ul> <li>Change Volcemail Annou</li> <li>Check Email (Delete, Dele</li> <li>Return Phone Calls; Whe</li> <li>Meet with Production State</li> <li>Check To-Do Lists</li> <li>Marketing Contact for the</li> <li>Check Billing</li> <li>Clean Desk at Day's End;</li> </ul>	egate, Delay, Do) n aff e Day (Did I Ask for a R	aferral?)	Follow-ups



#### THE ATTICUS DAILY FOCUSER™ SAMPLE

#### The Atticus Daily Focuser™



lame:	Mark	Metzger		Date: 2/22/2018
	1	Exercise		
	1	Spend 15 minutes completing Atticus Daily Focuser		
	1	Review Calendar, Cash Flow Focuser** (2 Weeks Ahe	ed)	
	$\checkmark$	Meet with Key Assistant — Top 3 Delegations:		
	1	1 schedule lunches 🛛 🖓 2 draft welcor	ne en	nail 📝 3 create guest list
		Today's Top 3 Objectives:	IfC	ompleted, What 3 Are Next?
	1	close Smith file	1	draft Jones trust
	1	case status review w/ team	1	calendar staff retreat
	<b>√</b>	complete My 90 Day Focus	<b>V</b>	complete 2 staff evaluations
	_		_	
	1	Change Voicemall Announcement, Check Messages	1	
	<b>√</b>	Check Email (Delete, Delegate, Delay, Do)		
	<b>√</b>	Return Phone Calls; When 2:00-3:00		
	<b>√</b>	Meet with Production Staff		
	1	Check To-Do Lists		
	$\checkmark$	Marketing Contact for the Day (Did I Ask for a Refer	al?)	
	<b>√</b>	Check Billing		
	$\checkmark$	Clean Desk at Day's End; Print Tomorrow's Focuser;	Make	Note of Key Follow-ups



### **QUESTION BATCHING**

### Eliminates 'Lurk and Blurt'

### Helps clarify thinking

### **Propose solutions**





#### STRATEGIES FOR THE SELF-INTERRUPTERS

Turn off notifications Snooze notifications Work offline FocusMe.com





### Protect Your Time Off

### PROTECT YOUR TIME OFF RE CHARGE AND RECOVER









Kids school calendar

Your key vacations

Significant family events

Health and wellness



### **BENEFITS OF TIME OFF**

Increa creati		Avoid burnout		recor	harge, nnect & /enate
Elevated productivity		Prioritization of health and loved ones		Bal	ance
Training		ning		sting tems	





### **BEFORE VACATION**

- Define emergencies, urgent matters, and appropriate channels for communication
- Establish a protocol for handling urgent matters
- Set your out-of-office and voicemail messages
- Communicate with key clients, referral sources, or others who need to be aware of your time away
- Designate a point of contact
- Clear your to-do list and your desk





### **DURING VACATION**

- Unplug and limit work-related communications
  - Remove notifications for email, etc.
  - Set a designated time to check in
- Focus on relaxing and being present in the space and activities you've planned
- Make memories and relish in the experience
- Adhere to your plan





### **AFTER VACATION**

- Post-mortem
  - Meet with your team to review what occurred
  - What went well, what did not?
  - Gather feedback and identify areas for improvement
- Document feedback and adjust for next time
- Build in a buffer/transition period
- Prioritize tasks and address urgent matters



### Think Through Your Marketing Activities



### PLAN OUT YOUR MARKETING CALENDAR FOR THE YEAR THINK THROUGH YOUR MARKETING ACTIVITIES





Do you have a season to your practice? Do you have a workshop schedule?



Referral Development-3 marketing contacts per week-is it possible for you?

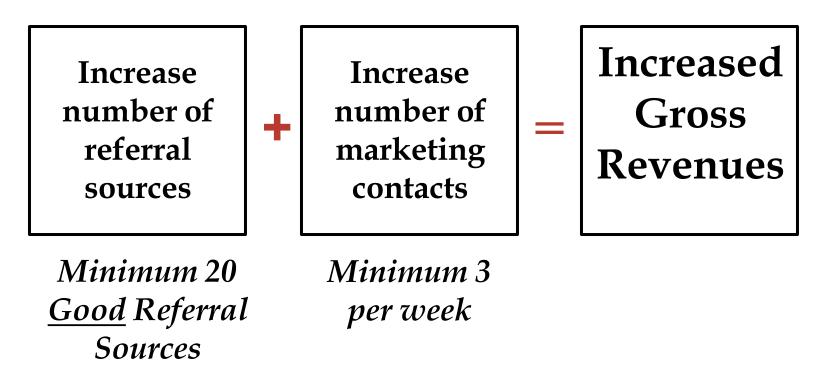


### WHY DON'T LAWYERS STRATEGICALLY, CONSISTENTLY BUILD REFERRAL RELATIONSHIPS?

- Time-we are time starved
- Skills-I don't know how to
- It's not easy and it's uncomfortable...(terrifying for some of us)
- Not sure what to say or how to ask...haven't developed the basic skills
- Don't want to be perceived as a "salesperson"
- Afraid of looking desperate



### Important Marketing Numbers



(Do nothing and get the same results you have now!)



• List out 10 people in your referral community

• Interview 1 referral source per week over the next 4 weeks

Complete a Practice Growth Diagnostic



### DOING GREAT LEGAL WORK, BUT NO NEW CLIENTS?



- Marketing is an essential activity for every business
- Without new clients, a law firm won't survive

- X↑ S×
- Learn strategies to generate consistent, quality referrals and new clients
- Implement tactics to dedicate focus and resources to marketing

- Develop marketing action plans
- Measure your results with the system this program teaches



- Led by a dedicated facilitator
- Virtual group setting
- Learn best practices
- Hear from your peers



Join *Atticus Rainmakers* to obtain more leads and referrals, while increasing your attention on essential marketing activities.

> You'll also gain an accountability partner and support system!



### Pivot from Calendar-Driven to Focus-Driven



### **DESIGN YOUR WORK WEEK**

#### What does an "ideal week" look like to you

Structure it, design it, then share it

Think through exercise, meetings, clients, marketing, important activities

Use your calendar to structure it

Apply the "block and tackle" method



### **PRE-EMPTIVE STRIKE STRATEGY**



Develop a process for proactive contacts Create templates and automate communications

Develop scripts for your team to use

Define emergencies and approved interruptions



### USE A TIME TEMPLATE AND SCHEDULE BLOCKS FOR CLIENT APPOINTMENTS

Time Template Worksheet<sup>™</sup>



	Monday	Tuesday	Wednesday	Thursday	Friday
7					
7.30					
8					
8.30					
9					
9.30					
10					
10.30					
11					
11.30					
12					
12.30					
1					
1.30					
2					
2.30					
3					
3.30					
4					
4.30					
5					
5.30					
6					
6.30					
7					
7.30					
8					
8.30					
9					

What do you need to schedule time for?	Direct Income	Indirect Income	What do you need to	schedule time for?
Production			Morning Only	
Return Phone Calls			All Morning & All Afternoon	
Marketing			Some Mornings & Some Afternoons	
Case Status Reviews			Afternoons Only	
Client Meetings			After PM	
Working on Biz			On Some Saturdays	
When are you at you	r best to do techi	Morning	Afternoon	

Note: This should be the normal schedule you keep. If you are involved in litigation, you will lose the ability to dictate your schedule for periods of time - but default back to this schedule at the earliest opportunity.





### USE A TIME TEMPLATE AND SCHEDULE BLOCKS FOR CLIENT APPOINTMENTS SAMPLE





	Monday	Tuesday	Wednesday	Thursday	Friday
7	Exercise	Exercise	Exercise	Exercise	Exercise
7.30					
8	Cashflow	TEAM HUDDLE KEY ASSISTANT	TEAM HUDDLE KEY ASSISTANT	TEAM HUDDLE KEY ASSISTANT	TEAM HUDDLE KEY ASSISTANT
8.30	Focus Meeting	Calls/Emails	Calls/Emails	Calls/Emails	Calls/Emails
9	Calls/Emails				My 90-Day Focus
9.30					
10	Strategic	Client	Casework	Client	Strategic
10.30	Growth	Meetings	or Hearings	Meetings	Growth
11	Projects				Projects
11.30					
12	Lunch with Top 10	Lunch with Top 10	Lunch with Top 10	Take Atty	Lunch with Top 10
12.30	Referral Source	Referral Source	Referral Source	to Coffee/Lunch	Referral Source
1					Calls/Emails
1.30					
2	]	Client Meetings		Client Meetings	
2.30	Casework or Hearings		Casework or Hearings	meetinge	
3	or risullings		or rissings	Marketing	Possib <b>l</b> e Free Time
3.30	]	Manhastan			
4		Marketing		marketing	
4.30	Calls/Emails	Calls/Emails	Calls/Emails	Ca <b>ll</b> s/Emails	
5					
5.30					
6		Lead			
6.30		Generation			
7		Workshop			
7.30					
8					
8.30					
9					

What do you need to schedule time for?	Direct Income	Indirect Income	W	/hat do you need	to so	hedule time for?
Production			Morning Only			
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Marketing			Some Mornings & Some Afternoons		me Afternoons	
Case Status Reviews			Afternoons Only			
Client Meetings				After PM		
Working on Biz			On Some Saturd	lays		
When are you at your best t		Morning		Afternoon		

Note: This should be the normal schedule you keep. If you are involved in litigation, you will lose the ability to dictate your schedule for periods of time - but default back to this schedule at the earliest opportunity.

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### Final Thoughts and Questions



### **UPCOMING WORKSHOPS AND PROGRAMS**



THE PRACTICE GROWTH PROGRAM™

San Francisco Orlando



#### RAISING THE BAR – GROWTH STRATEGIES FOR 2024

October 12, 2023, 2:00-3:30pm ET



THE GRATEFUL LAWYER – HOLIDAY MARKETING FOR THE SAVVY ATTORNEY An Atticus<sup>™</sup> Workshop

THE GRATEFUL LAWYER – HOLIDAY MARKETING FOR THE SAVVY ATTORNEY

November 9<sup>th</sup>, 2:00-3:30 pm ET



### HOW WILL YOU GROW YOUR PRACTICE?

Т

VITAL STRATEGIES THAT LEAD TO INCREMENTAL CHANGES & GROWTH	TEST OUT TAILORED SUPPORT TO INCREASE REVENUE & PROFITABILITY	TAKE YOUR PRACTICE TO THE NEXT LEVEL
ATTICUS RAINMAKERS®	90-DAY PRACTICE TUNE-UP	PRACTICE GROWTH PROGRAM®
<ul> <li>Increase new case volume through new leads &amp; more consistent referrals</li> <li>Elevate your focus &amp; productivity</li> <li>Gain an accountability partner</li> <li>Experience a peer support system</li> </ul>	<ul> <li>Strategic conversations with a dedicated practice advisor</li> <li>Develop focused plans to address revenue &amp; profit goals</li> <li>Experience ROI, short &amp; long-run</li> </ul>	<ul> <li>Dedicated entrepreneurial lawyer facilitator</li> <li>Peer group sharing, learning &amp; networking</li> <li>Create a great practice &amp; a great life</li> <li>Increase gross revenue &amp; profit margin 30%</li> <li>Increase average fee per file by 20%</li> <li>Increase time away from the office by 25%</li> </ul>



Schedule your complimentary consultation to explore solutions and investment options that range from \$300 to \$2000 per month

## Thank you!

