

2025 Rearview Mirror Check™

A 3-Step Focus Audit to Prepare You for 2026



Name: _____ Date: _____

STEP 1: The Route I Meant to Drive in 2025

Recall the intentions you started 2025 with. What did you expect this year to be about?

Money & Profitability: _____

Time Off & Rest: _____

Health & Energy: _____

Relationships & Family: _____

Team, Hiring, & Leadership: _____

Systems & Processes: _____

Marketing & Referrals: _____

Personal Growth & Development: _____

STEP 2: On Route / Off Route + The 4 Ds

Identify where you made progress, where you didn't, and why.

D1 - Distraction (Eyes off the road, heading in a different direction)

On Route

Off Route

D2 - Dissipation (Energy tank empty, too exhausted to push)

On Route

Off Route

D3 - Displacement (Other people's roads and priorities became yours)

On Route

Off Route

D4 - Drift (Destination faded off the map, lost sight of your focus and goals)

On Route

Off Route

What patterns do you see? What did you learn?

- _____
- _____
- _____

STEP 3: Three Steering Lessons for 2026

Convert 2025's lessons into steering behaviors for 2026.

Lesson 1

"In 2025, I stayed in my lane when I..."

(Why did progress work where it worked?)

- _____
- _____

Lesson 2

"In 2025, I left my lane when I..."

(What consistently knocked you off track?)

- _____
- _____

Lesson 3

"In 2026, to protect my attention from the D that impacted me most in 2025, I will..."

This is your new operating rule for 2026.

- _____
- _____

For the next steps in steering into 2026, listen to podcast episode 166 (releasing January 12, 2026) and complete the **2026 Steering Worksheet**.