

2026 Steering Protocol™

2025 Lessons → 2026 Action Summary



Name: _____ Date: _____

Capture the essence of 2025. Translate your lessons into simple 2026 steering decisions and implement them into your My Great Life Focus.

SECTION A
1. What Worked (On Route)
Movements I'm proud of and did well, even if they weren't perfect.

2. What Didn't Work (Off Route)
Things I intended to do but didn't, and got knocked off of my goal.

3. Why It Didn't Work – My Primary Ds
Which was your most impactful D in 2025?
<input type="checkbox"/> D1 - Distraction (Eyes off the road, heading in a different direction)
<input type="checkbox"/> D2 - Dissipation (Energy tank empty, too exhausted to push)
<input type="checkbox"/> D3 - Displacement (Other people's roads and priorities become yours)
<input type="checkbox"/> D4 - Drift (Destination faded off the map, lost sight of your focus and goals)
Notes on my pattern: _____

SECTION B: My 2026 Steering Decisions

4. I Stayed on Route in 2025 When I...

Why did progress work where it worked?

5. I Left My Lane in 2025 When I...

What consistently knocked me off track?

6. My Steering Protocol for 2026

"In 2026, I will protect my attention by..."

(Choose one commitment you can actually keep.)

SECTION C: My Great 2026 Orientation

7. What Would Make 2026 a "Great Practice, Great Life" Year?

Great Practice: "By the end of 2026, I will have _____ in my practice or career."

Great Life: "If _____ happens in 2026, it will be one of the greatest years of my life."

In your My Great Life Focus, put these as your top 2 90-day goals on page 11. Next, review your Time Template on pages 16 and 17. Create times for you to work on these two goals.

If you don't have the My Great Life Focus, take a moment to block time in your calendar to work on these two goals.

What times did you protect to work on your Great Practice and Great Life goals?

8. One Sentence Summary for Myself

"Planning is indispensable. In 2026, I will steer intentionally, protect my attention, and build the year I truly want."

Sign: _____

Date: _____